info@exceldatapro.com
Call: +91 9687 8585 63

www.ExcelDataPro.com

Monthly Blood Sugar Log Excel Template

Personal Information			
Name :		Doctor:	
Age:		Gender:	

Blood Sugar Levels			
Normal Sugar Levels		Target Sugar Levels	
Fasting	2 hrs Post Lunch	Fasting	2 hrs Post Lunch
80 to 130 mg/dl	180 mg/dl	110 to 150 mg/dl	200 mg/dl

Monthly Sugar Log Chart					Month: March
Date	Time	Fasting	Time	2 hrs Post Lunch	Additional Remarks
dd/mm/yyyy	hh:mm	mg/dl	hh:mm	mg/dl	
					-